



Saint Monica Parish

Worship of God, Fellowship with Each Other, Service to All

2080 Merivale Road, Nepean, ON K2C 3H1 Phone: (613) 727-1067

Office Hours: Monday - Friday 9:00 am to 4:00 pm.

Closed Saturday and Sunday.

WEEKEND MASSES

Saturday: 5pm

Sunday: 8am, 9:30 am, 11am, 7pm

WEEKDAY MASSES

Monday: 9am for Thanksgiving

Tuesday: 9am

Wednesday: 7pm

Thursday: 9am

Friday: 9am

1st Saturday of the month - 9am

CONFESSIONS

Sat. Evening: 4:15 pm - 4:45 pm

Sun. Evening: 6:15 pm - 6:45 pm

Weekdays:

One hour before Mass
or by appointment

ADORATION

Monday & Wednesday

6pm - 6:45pm

Tuesday, Thursday & Friday:

8am - 8:45am

+ + + + + + +

First Friday of the month

9:30am - 4pm

First Saturday of month

8am - 8:45am

+ + + + + + +

Our Lady of Perpetual Help Novena

Wednesdays after Mass

+ + + + + + +

Divine Mercy Cenacle

Every 4th Monday of the month
after the 7 pm Mass

October 12, 2025

28th Sunday in Ordinary Time

Happy Thanksgiving!

PRIESTS' RETREATS

Please note that our priests will be away for the Priests Retreat the week of Oct. 27 - 31. There will be no daily Mass at St. Monica Church from Monday to Friday that week. Anyone wishing to attend Mass during that week can go to St. Maurice Church (4 Perry St.). Their schedule is; Tue. 7pm, Wed. 9am, Thu. 9am and Fri. 9am.

INTERESTED IN BECOMING CATHOLIC? (RCIA): Are you interested in knowing more about Christ and the Church? The Rite of Christian Initiation of Adults (RCIA) is the way adults come to learn about and experience the Christian life, specifically our Roman Catholic tradition, and become initiated into the life of our Church through the celebration of the sacraments of Initiation: Baptism, Confirmation and Eucharist.

If you are interested in becoming Catholic, or completing your Sacraments of Initiation, contact Janice Pilgrim at 613-727-1067 x 221 or secretary@saintmonicaparish.ca for information. Weekly meetings will be held on Wednesday evening at 7pm beginning October 15th.

2026 Confirmation Registration

Confirmation

Children in Grade six and up, seeking Confirmation in 2026 must be registered for our preparation program by **Nov. 13** at a one-hour **parent-only** meeting at St. Monica Church. Information will be sent to the Catholic elementary schools within our parish boundaries. If you have any questions information: sacraments.schoolage@gmail.com.

Choose **ONE** of these meetings to attend:

Tue. Nov. 4 @ 7pm

Thur. Nov. 6@7pm

Thu Nov. 13 @ 7pm

****Nov. 13 is the deadline for registering - no extensions or exceptions**
Please call Milva Calla, School Age Sacrament Coordinator if you have any questions (613-727-1067 x 238).

Please scan the QR Code to preregister for the meeting.



SCAN ME

WEBCAST SUNDAY MASS



The celebration of 11am Sunday Mass on the internet (YouTube) via <https://saintmonicaparish.ca/>.

Reflection - I choose to be Grateful

Here we are Thanksgiving weekend. Fall has always been my favourite time of year but Thanksgiving itself was just a time for family and friends to gather. Nice, but I prefer Christmas. Unfortunately, I now have a hard time with fall since it is during this time of year that my dear daughter's illness took a very serious turn and she passed away. I can't believe it is almost four year ago. This remains the hardest thing I have ever endured in my life. We can grieve losses, in fact it is very necessary to grieve and it is a process that has many ups and downs. That is why I have had to choose to have an attitude of gratitude. I am not doing this to forget my daughter because I will never be successful at doing that but I can't remain in the hurt.

My attitude has always been that if something is not working for me, it means that I have to change my perspective. When my husband had a stroke, we made the decision to celebrate that he lived rather than to focus on what he lost. He now has a second birthday and he even gets a present. He has celebrated twenty of these "bonus" birthdays and we are very grateful.

The more I talk to people the more I realize that everyone has hard times in their lives. I guess it is part of our human condition and isn't that wonderful. It means we are alive! A very wise person once told me in an Al-Anon meeting that "All sunshine makes a desert". This was said to me almost forty years ago and I have gone back to those words often. If I had never experienced any hardship, would I appreciate the good times in my life or would I take them for granted?

We can definitely be thankful and even grateful when things are easy but we can also be grateful when things are hard. We can still be angry and sad but we can every day find something to be grateful for in our lives. Even on my darkest days, I know that God is there with me at all time. St. Paul in his First Letter to the Thessalonians wrote "Rejoice always, pray constantly, give thanks in all circumstances, for this is the will of God in Christ Jesus for you." (1Thes 5.16-17).

How can I put this into practice? What can I do this Thanksgiving? What can I choose? Here is my checklist;

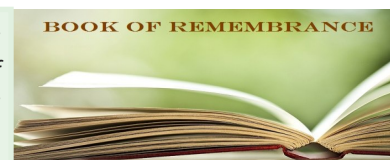
- I can choose to focus on the positives in my life rather than the negatives. The negatives won't disappear but they don't have to be at the forefront of my mind. However, they may spur me on to take steps to change the negatives or to change my perspective.
- I can choose to find five things to give thanks to God for allowing in my life.
- I can choose to help someone else rather than keep the focus on me and my situation. I can be of service to others. I must remember to do good works and not just pray and give to the poor.
- I can also choose to accept help from others who are there to pick me up when I need it.

What will you choose this weekend?

Janice Pilgrim

Parish News

Our **Book of Remembrance** will be in the vestibule **until Oct. 31** so that throughout October you may enter in it the names of deceased relatives and friends. On **Sat., Nov. 1**, the *Feast of all Saints* and **Sun., Nov. 2** the *Commemoration of all Souls*, it will be placed before the altar for the Masses so that we may pray with you for them.



Faith in Action Youth Group Movie Night (for grades 7 to 12)

When: Fri., Oct. 17, Time & Where: 7pm in the Parish Hall at St. Monica Church

Who: Students Grades 7 and up

Feature Movie: Haunted Mansion (2023) Trailer: <https://www.youtube.com/watch?v=AjLKTz81bj8>

Mark your calendar and bring a friend (or two!). There will also a CANDY BUFFET and prizes for the most, creative, funniest and most unique costumes but no blood or gore.



Divine Mercy, Evening of Prayer & Resources, Mon., Oct. 20, 6 - 8:30pm: The evening will start with silent Eucharistic Adoration and confession, followed by the Divine Mercy Chaplet at 6:30pm. After the 7pm Mass, everyone is welcome to join us in the Office Boardroom on the main floor. This year, our meetings will focus on reparation and intercession for priests. We will be using the book *In Sinu Jesu*, written by an anonymous Benedictine Monk. We will discuss a different theme each month related to the teachings of the Catholic Church, the lives of the saints and the Diary of St. Faustina: *Divine Mercy in My Soul*. For information: divinemercycenacle7@gmail.com.



Dinner & Movie Night: The evenings begin at 6pm with a bring your own brown bag dinner, followed by a movie that begins at 7pm. Of course, there will always be popcorn!

When: Fri., Nov. 7

Feature: Saving Private Ryan (1998)

Trailer : https://www.youtube.com/watch?v=9CiW_DgxCnQ

Joke of the Week

A preacher trained his horse to go when he said "Thank God" and to stop when he said "Amen"

The preacher mounted his horse and said "Thank God" and went for a ride. When he wanted to stop for lunch, he said "Amen". He took off again saying "Thank God".

The horse started going toward the edge of a cliff. The preacher got excited and said "Whoa! Whoa!" then he remembered and said "Amen" and the horse stopped at the edge of the cliff. The preacher was so relieved and grateful that he looked up to heaven and said "Thank God!"

Pro-Life News



LIFE CHAIN, OCT. 5

There will be an hour of silent prayer and witness for the respect for life on Sun., Oct. 5 from 2:00-3:00 pm at the corner of Merivale Rd.

and Meadowlands Dr. You are welcome to park nearby at St. Maurice Church.

ADVERTIZING

Are you looking for an opportunity to publicize your business? We have available spaces for a reasonable yearly rate; single square \$300.00/year, double ad \$500.00/year.

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Planning for the future

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